



At Leek High School, we provide a wide range of targeted interventions to support pupils' academic progress, social, emotional and mental health, communication and independence.

These interventions are designed to remove barriers to learning, develop resilience and help every pupil achieve success in school and beyond.



COGNITION AND LEARNING



Daily Rapid Reading

A specialised catch-up intervention scheme designed to help increase reading age-related expectations.



EP Literacy Approach

A personalised reading support intervention for students developing fluency, recognition of high frequency words, application of phonics whilst building confidence and independence in reading.



Precision Teaching

A method of improving reading fluency of key vocabulary words linked to the curriculum. Enabling students to be secure in pronouncing and spelling subject specific words.



Lexia PowerUp Literacy

An adaptive online literacy program designed for students who are reading below grade level, helping to build fundamental skills in 3 key areas: Word Study (spelling/decoding), Grammar (sentence structure), and Comprehension.



Guided Reading

Small-group instructional method supporting students as they read a text, designed to develop foundational skills, fluency, and comprehension by tailoring instruction to the specific needs of similar-ability learners.

Examples – not exhausted to



COMMUNICATION AND INTERACTION



Therapeutic LEGO

This intervention supports learners to find the confidence to share their thoughts within an emotionally safe environment, LEGO enables students to express themselves, reflect on their deeper emotions and behaviours.



Energy Accounting

A self-regulation strategy which helps children manage stress, balance their daily schedule, and prevent burnout.



Revision Skills

Supporting and teaching students effective structured revision techniques to maximise their learning experience.

Examples – not exhausted to



SOCIAL, EMOTIONAL AND MENTAL HEALTH (SEMH)



Therapeutic LEGO

Supports children with SEMH needs focussing on emotional regulation, mutual trust, identity exploration, and peer connection.



ELSA

The schools ELSA (Emotional Literacy Support Assistant) helps children to understand and regulate their emotions through structured, short-term interventions to build self-esteem, social skills and resilience.



Lifeskills

This intervention pairs structured indoor cooking and skills for independence with adaptive outdoor forest school challenges for resilience.



Teen RISE

An early intervention mentoring programme with a supportive adult in school for structured check-ins, designed to help build coping strategies, navigate emotional challenges and improve overall mental wellbeing.



Anger Gremlin

An intervention designed to help children and young people recognize, understand, and manage their anger.

Examples – not exhausted to



PHYSICAL AND SENSORY



Motor Skills

Developing fine and gross motor skills, building physical strength, coordination and brain connections to ensure children can navigate their environment, succeed academically, and perform vital daily self-care tasks.



Handwriting

To improve legibility, fluency, and speed whilst preventing cognitive overload.



Touch Typing

Practise essential typing skills which helps children keep pace with heavy workloads, improve spelling, and focus on the content of their writing. Extra layer of support for students who access a laptop in class.

Examples – not exhausted to

WORKING TOGETHER TO ACHIEVE SUCCESS



Understand



Support



Progress



Succeed